



September 7, 2023

Greetings Fellow Optimists!!

As your new Governor for the 2023 – 2024 year, I would like to invite you to join me in Jefferson City, MO for the West Missouri District Optimists 1<sup>st</sup> Quarter Conference. It will be held at the Capital Plaza Hotel, 415 West McCarty Street, Jefferson City, MO on October 13 – 14, 2023. **Hotel cutoff will be September 22<sup>nd</sup>** and the room rate is \$103.

The registration form and agenda are included with this letter. Advanced registration is \$85 with **a cutoff date of October 6<sup>th</sup>**. After that date registration is \$100.

Things kick off with the Executive Committee meeting on Friday at 8pm. Registration will open around 6pm and the Hospitality suite hosted by the Clinton Mid-Day Optimist Club will be available all evening and throughout the weekend. They will have Beef Stew for dinner on Friday evening and Biscuits and Gravy for Saturday breakfast and lots of other great food and drinks available so please support them. They are asking that each club bring one of their favorite snacks or desserts to share. It takes a lot of planning, manpower and funds to keep hospitality up and running throughout the year so please make a donation when you visit and thank them for hosting this quarter.

We are also holding a pumpkin decorating contest (small ones) so come decorate one that will be provided or bring your own! There will be a People's Choice Award for the best.

Our charitable project for 1<sup>st</sup> quarter will be the Rape & Abuse Crisis Services (RACS). RACS serves nine counties with no cost services to women and children. There is a page attached to the call letter listing what items they need.

I am looking forward to seeing everyone and as an incentive for a "First Timer" (first time attending a WEMO Conference) to attend, I will pick up their registration. Just make sure it is noted on the registration form. Let's make this a great year!!

*Dave Gover*

Dave Gover  
Governor 23-24  
West Missouri District

Capitol Plaza – Jefferson City  
CONFERENCE AGENDA

Friday	Registration	6:00 – 8:00 pm	Missouri Foyer
	Hospitality	6:00 pm-midnight	KC-St Louis rm 2 <sup>nd</sup> floor
	Executive Committee Meeting	8:00- 9:00 pm	Truman B & C
	Pumpkin decorating	9:00 pm - ?	Hospitality Room

(Bring your own decorations and pumpkin if you want or use ours)

Saturday	Registration	8– 11 am	Missouri Foyer
	Hospitality open	7 – midnight	KC-St. Louis 2 <sup>nd</sup> floor
	<i>Breakfast of biscuits &amp; gravy available Saturday morning, closed during lunch &amp; dinner</i>		
	Hall of Optimism open	8:00 am - 4:00 pm	Atrium
	Past Governor's mtg	7:00 – 8:00 am	Carnegie
	First timers	7:30 – 8:00	Truman B & C
	Board of Directors Meeting	8:15 – 8:45	Truman B & C
	General Session	9:00 – 10:30	Truman B & C
	Member Engagement (CARE)	10:45 – 11:45	Truman B & C
	Lunch	12:00 – 1:30	Capitol Room
	Growth with Bob Floyd	1:45 – 2:45	Truman B & C
	Small Group Contests Discussion	3:00 – 4:30	Truman B & C

(Meet with the chairs of Oratorical, Essay, Substance Abuse Prevention Posters, and A & A)

	Governor's Team Meeting	4:45 – 5:15	Truman B & C
	Dinner	6:00 – 7:30	Capitol Room
	1 <sup>st</sup> Quarter Fun	8:00 - ???	Truman B & C

(Contestants will be recruited, no preparation needed)



RACS provides services at no cost to survivors in nine counties: Cole, Gasconade, Maries, Miller, Morgan, Moniteau, Osage, Southern Boone, and Southern Callaway. An emergency 24-hour hotline, advocacy services, outreach, case management, counseling, and a women’s and children’s shelter ensures that supportive, confidential and crisis services are available where and when survivors need them.

Their mission is to support survivors of domestic violence, sexual assault, and stalking through advocacy, counseling, and shelter services in a space designed for healing and hope.

**Please consider bringing any of these items with you to 1<sup>st</sup> Quarter Conference October 11-12<sup>th</sup> to donate for this worthwhile charitable organization which provides a vital service for survivors of domestic violence & their children.**

FOR MORE INFORMATION:

<https://racsjc.org> 573-634-8346



- Lysol Disinfectant Spray
- Detergent
- Disinfecting Wipes
- Paper Towels
- Toilet Paper
- Garbage Bags: small & large
- Fabric Softeners Sheets
- Dish Washer Detergent Pods
- Bleach
- Pine Sol Cleaner
- Adult-Body Wash
- Adult-Lotion
- Deodorant
- Baby Wash
- Baby Lotion
- Bath Towels
- Hand Soap
- Swiffer Wet Pads
- Mopping clothes
- Vinyl Gloves – all size
- Gallons of Distilled White Vinegar
- Adult Socks/underwear/bras (NEW)
- Pillows
- Sheets
- Ice Melt (salt)

**WEST MISSOURI DISTRICT 1st QUARTER CONFERENCE**

**Capital Plaza Hotel, Jefferson City, MO**

**(800) 338-8088 or 573-635-1234**

**October 13 & 14, 2023      REGISTRATION FORM**

Registration is **\$85.00** per person and **due by 10/06/2023**. *Late registration is \$100.00.* Refunds will be made according to West Missouri District Policy published in the District Directory or on-line. Late registration may not be refunded if meal is guaranteed.

**Club Name:** \_\_\_\_\_ **Club Number:** \_\_\_\_\_ **Zone:** \_\_\_\_\_

NAME    PLEASE PRINT	MEMBER	PRESIDENT	SEC/TREAS	1 <sup>ST</sup> TIMER	LT. GOV	GUEST		Saturday Lunch	Saturday Dinner

**Total people attending:** \_\_\_\_\_

**Total amount enclosed:** \_\_\_\_\_

**Special Dietary needs must be ordered in advance: Name:** \_\_\_\_\_ **Needs:** \_\_\_\_\_

**Make checks payable to:**      **West Missouri Optimist.**  
Rod McLaughlin Convention Chair Phone 660-624-0241

**Mail registration form and payment to:** **Rod McLaughlin**  
**3217 S Prescott Ave.**  
**Blue Springs, MO 64015**